

Anna Nobile, Yoga Teacher

Anna has 15 years of experience working in the fitness industry. She is a Certified Personal Trainer by Aerobic and Fitness Association of America (AFAA) and Registered Yoga Teacher and certified through YogaFit. Anna has over 15 years of working in the fitness industry.

Anna has a B.A, Organizational Management, with a concentration in psychology.

Anna's volunteer work includes Anderson House (a halfway house for women recovering from substance abuse) - Fitness Instructor and blog writer; Somerset county Juvenile Justice Committee - board member; Big Brother/Big Sisters - mentor, Eating Disorder Anonymous- newsletter writer; and Liquid Church - Sunday school teacher.